MENDING

Many of the zig-zag stitch patterns are just as useful for mending as they are for creative sewing. Fashion Disc 9, which is the multi-stitch zig-zag, forms a firm, flexible bond for repairing tears, for reinforcing, or for replacing elastic. Fashion Disc 0, which is plain zig-zag, is useful for making bar tacks to repair lingerie.

Tears

- **Fashion Disc: 9 (Multi-Stitch Zig-Zag)**
- **Stitch Width Selector:** 2 through 5
- **Needle Position:** C
- **Stitch Length:** About 20 or to suit fabric
- **Throat Plate:** General Purpose
- **Presser Foot:** General Purpose

1. Trim ragged edges.
2. Place underlay on the wrong side of tear for reinforcement. (It is best not to baste or pin the underlay since you will be bringing the edges of the tear together in the next step.)
3. Stitch on the right side, bringing the edges of the tear together.
4. Shorten stitch length at ends and corners to give extra strength.
5. Trim underlay.

Elastic

1. When replacing waistline elastic use the same settings and accessories as for “Tears” above.
2. Fit elastic for desired snugness at waistline, allowing one inch for joining. Lap the ends and join with multi-stitch zig-zag.
3. Divide the elastic band and garment waistline into quarters. Lap the elastic over the fabric and pin the two together at these intervals. Place pins at right angles to the stitching line.
4. Take a few stitches to anchor elastic to fabric, then hold the elastic taut as you stitch so that it will remain stretchable after stitching is completed.

Bar Tacks

Use Fashion Disc 0 (plain zig-zag) at satin-stitch length to bar-tack garters, pockets, zippers, shoulder straps, etc.